



**2023-24**

**PROGRAM INFORMATION HANDBOOK**



GET BETTER EVERY DAY



# WELCOME TO JJVA

It is our honor to welcome you to the Jacksonville Junior Volleyball Association. This organization has actively promoted the sport of volleyball in the Northeast Florida region for the past 35 years through training and competition opportunities. Through the support and dedication of our coaches, athletes, parents, staff, and the business community, we have provided this training and competitive experience for thousands of youths and adult athletes. JJVA, as it is commonly known, seeks to train youth athletes in an Olympic- style environment that focuses on learning and the enjoyment of the sport. Our goal is always to help the youth in our community improve their volleyball and life skills through the competitive sports experience.

The youth sports world is an ever-changing and dynamic environment. The game's policies, procedures, and rules change every year and sometimes more often. Our staff seeks to stay current on training methods and the rules and standards of USA, AAU, JVA, and FIVB volleyball.

The JJVA staff also sincerely tries to maintain open lines of communication with coaches, athletes, and parents when changes occur. As you become a part of JJVA, we encourage you to become familiar with the handbook and use it as a guide for the season, knowing that, at times, there may be changes. We also encourage you to attend meetings, participate in program events, and communicate with your coach, the division director, or our office staff if you have a question or need assistance. Our web page and email system are our main avenues of direct communication. We also have a Facebook page for our girls' and boys' programs.

JJVA has an established record of success in training and competition due to a proven system of practice and team management. The success of teams and individual athletes results from time spent in the gym, the quality of the coaching, the methodology of practice, and, often, the presence of natural talent and ability. We seek to combine these elements to provide a quality training and competitive experience for athletes at all levels.

Welcome to JJVA, and we hope that your experience with JJVA will be as enjoyable and enlightening for you as it has been for me for the past 35 years.

Thanks,

Adis Imamovic

Adis Imamovic  
Club Director, JJVA

## Table of Contents

<b>SECTION I: JJVA CLUB INFORMATION.....</b>	<b>5</b>
MISSION STATEMENT .....	5
VISION STATEMENT .....	5
CORE VALUES AND PRINCIPLES .....	5
ORGANIZATIONAL GOALS .....	5
HISTORY OF JJVA.....	5
SAFE SPORT .....	6
COACHING EDUCATION .....	6
MINOR ATHLETE ABUSE PREVENTION POLICIES.....	6
MEMBER CODE OF CONDUCT.....	12
INJURY POLICY .....	13
<b>SECTION II: JJVA INFORMATION AND POLICIES .....</b>	<b>13</b>
COMMUNICATIONS.....	13
ELIGIBILITY, REGISTRATION, AND INSURANCE .....	13
ATHLETE CONDUCT.....	13
ATHLETE EXPECTATIONS .....	14
ATTENDANCE.....	14
ARRIVING ON TIME.....	14
COOPERATION.....	14
CURFEW .....	15
GRIEVANCES.....	15
PARENT PARTICIPATION .....	15
COLLEGE VOLLEYBALL ASPIRATIONS .....	17
UNIFORMS AND EQUIPMENT .....	18
<b>SECTION III: JJVA COMPETITIVE TEAM SEASON INFORMATION .....</b>	<b>19</b>
TEAM PRACTICES .....	19
SKILL SESSIONS .....	20
SKILLS SESSIONS ARE HIGHLY RECOMMENDED AND ENCOURAGED TO ACHIEVE MAXIMUM RETURN AND IMPROVEMENT. BASED ON THE TEAM LEVEL, SEVERAL SKILLS SESSIONS MAY BE MANDATORY FOR THAT TEAM AND INCLUDED IN THE TUITION FEE. SKILLS SESSIONS WILL BE SCHEDULED AND AVAILABLE TO BE PURCHASED AT AN ADDITIONAL COST. ONCE THE SESSION IS PURCHASED, YOU MUST BOOK INTO THE SCHEDULED SESSION TO BE ABLE TO PARTICIPATE.....	20
STRENGTH & CONDITIONING .....	20
TOURNAMENTS, TEAMS & COACHES .....	20
THE OBJECTIVE OF TOURNAMENTS IS TO ALLOW TEAMS TO COMPETE. THE COACHING STAFF IS RESPONSIBLE FOR THE COMPOSITION OF THE TEAM. ATHLETES WILL BE PLAYED AT THE DISCRETION OF THE COACH. THEREFORE, PLAYING OPPORTUNITY WILL BE BASED ON THE FOLLOWING: .....	20
1. SKILL/TALENT EVALUATION BY THE HEAD COACH AND COACHING STAFF.....	20
2. ATHLETE POSITION(S) .....	20
3. TEAM NEEDS.....	20
4. ATTENDANCE AT PRACTICES AND TOURNAMENTS .....	21

**ALL COACHES FOR JJVA ATTEND IMPACT COACHING TRAINING CLASSES AND ARE BACKGROUND CHECKED THROUGH THE USAV. JJVA HAS ONE OF THE BEST COACHING STAFF IN THE COUNTRY AND IS PROUD TO OFFER TRAINING AND EXPERIENCE FOR VOLLEYBALL COACHES AT EVERY LEVEL.**  
..... 21

**PARENTS ARE ENCOURAGED TO REGISTER WITH THE USAV AS A CHAPERONE IF THEY DRIVE TO TOURNAMENTS OR ACT AS A CHAPERONE FOR THE TEAM. SAFESPORT ONLINE TRAINING IS ALSO REQUIRED. YOU CAN REGISTER BY GOING ONLINE AT WWW.FLORIDAVOLLEYBALL.ORG AND BECOMING A MEMBER. ALL TEAMS ATTENDING USAV NATIONALS MUST HAVE A REGISTERED CHAPERONE.** ..... 21

**TEAM TRAVEL** ..... 21

**STAY & PLAY POLICY** ..... 21

**NON-STAY & PLAY TOURNAMENT POLICY** ..... 21

**OUT OF STATE TRAVEL** ..... 22

**SECTION IV: JJVA FINANCIAL INFORMATION AND POLICIES** ..... 22

**SECTION V: WAIVERS AND ASSUMPTION OF RISKS** ..... 25

# **SECTION I: JJVA CLUB INFORMATION**

## **MISSION STATEMENT**

Our mission is to promote the sport of volleyball and health and fitness throughout Northeast Florida by providing educational training and competitive playing opportunities to athletes of all ages, backgrounds, and skill levels.

## **VISION STATEMENT**

Our vision is to become the premier volleyball and athletic fitness training organization in Northeast Florida by offering our members a full range of programs, activities, and events.

## **CORE VALUES AND PRINCIPLES**

1. Train and educate youth through volleyball by teaching the fundamentals of movement and skill development.
2. Promote the sport of volleyball as a lifetime fitness activity for youth and adults at all levels.
3. Promote diversity and opportunities for all to learn and play volleyball.
4. Promote a healthy and dynamic community.

## **ORGANIZATIONAL GOALS**

1. Provide exceptional volleyball and fitness experiences for our members.
2. Enhance the skill levels of our members by offering a wide variety of training and playing opportunities.
3. Promote JJVA through various programs, activities, & events.
4. Create collaborative partnerships with local and national organizations and corporations to grow the sport of volleyball and enhance health and fitness throughout Northeast Florida.
5. Provide appropriate and safe facilities for club activities for our members now and in the future.

## **HISTORY OF JJVA**

The Jacksonville Junior Volleyball Association is a North Florida youth sports association founded by three area coaches in 1989 to promote the sport of volleyball for school-age students in the city and surrounding areas. These coaches were Mary Andrew (Former Head Coach at FSCJ), Elise Bush (Former Head Coach of The Bolles School), and Brandy King (Former Head Coach at Mayport Middle School). In the past 35 years, this association has grown from 3 teams, 30 athletes, and three coaches, to 65 teams, over 600 athletes, and 80+ coaches in the 2022-23 season. JJVA focuses on developing the sport and its athletes for skill development and lifetime enjoyment.

## **SAFE SPORT**

The United States Olympic Committee has adopted the Safe Sport program, dedicated to the principle that “Athletes will perform better, soar higher, and get more from the sport if they feel safe. Safe Sport seeks to create a healthy, supportive environment for all participants. Through education, resources, and training, we help sports community members recognize, reduce, and respond to misconduct in sports.” A separate handbook outlining our program for participant safety is available on the JJVA website for reference. We will also provide training sessions at the beginning of the club season to assist in orienting our athletes and their parents/guardians as to our commitment to the Safe Sport Program. Safe Sport Information for parents, coaches, and athletes can be found on the web page of USA Volleyball or by going to the direct link at <http://www.safesport.org>.

JJVA participates in the USAV Safe Sport Program. This model educates administrators, coaches, parents, and athletes through a comprehensive nationwide system. JJVA is committed to providing a safe environment for all athletes, coaches, and parents. Good sportsmanship and manners are required of all members of JJVA during practices and competitions as well as off-site activities. Behaviors that meet and encourage these concepts highlight the joy and educational values offered by youth volleyball activities.

The Florida Region of USA Volleyball also provides information and guidance for the Safe Sport Program. This information can be found by clicking the Safe Sport button on the Florida Region web page at [www.Floridavolleyball.org](http://www.Floridavolleyball.org).

All JJVA coaches, staff, and chaperones have taken the standard Safe Sport Course, are Safe Sport certified, and have competed and passed a national background screen through the USA Volleyball system. All full-time staff and coaches are CPR and first aid certified. The JJVA facility does possess an AED for the safety of all who enter the facility.

The health and safety of athletes, coaches, and spectators will be of primary importance to JJVA. JJVA staff and coaches try to provide a safe and joyful environment for everyone participating in any JJVA program.

## **COACHING EDUCATION**

JJVA has developed a national reputation for supporting and training coaches at all levels of competition in the Northeast Florida region. It is essential for JJVA to continue improving upon the level of coaching offered at all levels of competition and throughout all our program services. We encourage seasoned coaches, new coaches, and parents to join our training. Visit our website for more information and registration. All JJVA coaches are Safe Sport certified, Impact Coaching Education Certified, and nationally background screened.

## **MINOR ATHLETE ABUSE PREVENTION POLICIES**

Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies. USA Volleyball provides these policies to USAV member clubs to satisfy these requirements. Clubs may choose to implement stricter standards.

## **Minor Athlete Abuse Prevention Policies (MAAP)**

Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies to satisfy these requirements, USA Volleyball provides these policies to USAV member clubs. Clubs may choose to implement stricter standards.

### **Required Policies:**

- a. One-on-one interactions**
- b. Meetings and training sessions**
- c. Athletic training modalities, massages, and rubdowns**
- d. Locker rooms and changing areas**
- e. Electronic communications**
- f. Transportation**
- g. Lodging**

## **REQUIRED POLICIES FOR ONE-ON-ONE INTERACTIONS**

The U.S. Center for SafeSport recognizes that youth-adult relationships can be healthy and valuable for development. Policies on one-on-one interactions protect children while allowing for these beneficial relationships. As child sexual abuse is often perpetrated in isolated, one-on-one situations, it is critical that organizations limit such interactions between youth and adults and implement programs that reduce the risk of sexual abuse.

### **ONE-ON-ONE INTERACTIONS**

---

*USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following one-on-one policy*

#### **A. Mandatory Components**

1. Observable and Interruptible
  - a. All one-on-one In-Program Contact between an Adult Participant and a Minor Athlete must be observable and interruptible, except in emergency circumstances.
  - b. The exceptions below may apply to specific policies, and if the exceptions apply, they are listed in the policy. These exceptions also apply to all one-on-one In-Program Contact not specifically addressed in other policies:
    - i. When a Dual Relationship exists; or
    - ii. When the Close-in-Age Exception applies; or
    - iii. If a Minor Athlete needs an Adult Participant Personal Care Assistant, and:
      - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and

- (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
- (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy; or
- iv. In other circumstances specifically addressed in this policy that allow for certain one-on-one interactions if USA Volleyball, the Region or Club receives parent/ guardian consent.



## MEETINGS AND TRAINING SESSIONS

*USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Meetings and Training Sessions Policy*

### A. Mandatory Components

1. Observable and Interruptible

Adult Participants must follow the one-on-one interaction policy in all meetings and training sessions where Minor Athlete(s) are present.

2. Individual Training Sessions

a. One-on-one, In-Program, individual training sessions must be observable and interruptible except if:

- i. A Dual Relationship exists; or
- ii. The Close-in-Age Exception applies; or
- iii. A Minor Athlete needs an Adult Participant Personal Care Assistant, and:
  - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or the Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
  - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
  - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.

b. The Adult Participant providing the individual training session must receive advance, written consent from the Minor Athlete's parent/guardian at least annually, which can be withdrawn at any time; and

c. Parents/guardians must be allowed to observe the individual training session.

3. Meetings with licensed mental health care professionals and health care providers (other than athletic trainers<sup>3</sup>)

If a licensed mental health care professional or licensed health care provider meets one-on-one with a Minor Athlete at a sanctioned event or a facility, which is partially or fully under USA Volleyball's jurisdiction, the meeting must be observable and interruptible except:

- a. If the door remains unlocked; and
- b. Another adult is present at the facility and notified that a meeting is occurring, although the Minor Athlete's identity needs not be disclosed; and

---

<sup>3</sup> Athletic trainers who are covered under these policies must follow the "Athletic Training Modalities, Massages,

and Rubdowns” policy.

- c. USA Volleyball, the Region or Club is notified that the provider will be meeting with a Minor Athlete; and
- d. The provider obtains consent consistent with applicable laws and ethical standards, which can be withdrawn at any time.

## **B. USA Volleyball Recommended Requirements**

### 1. Monitoring

If a permitted meeting or training session takes place between an Adult Participant(s) and a Minor Athlete(s) at a facility partially or fully under USA Volleyball’s jurisdiction, another Adult Participant will monitor each meeting or training session. Monitoring includes reviewing the parent/guardian consent form, knowing that the meeting or training session is occurring, knowing the approximate planned duration of the meeting or training session, and dropping in on the meeting or training session.

### 2. Parent Training

Parents/guardians receive the U.S. Center for SafeSport’s education and training on child abuse prevention before providing consent for their Minor Athlete to have a meeting or training session with an Adult Participant subject to these policies.

## **ATHLETIC TRAINING MODALITIES, MASSAGES, AND RUBDOWNS**

*USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Athletic Training Modalities, Massages, and Rubdown policy*

---

### **A. Mandatory Components**

#### 1. Athletic training modality, massage, or rubdown

All In-Program athletic training modalities, massages, or rubdowns of a Minor Athlete must:

- a. Be observable and interruptible; and
- b. Have another Adult Participant physically present for the athletic training modality, massage, or rubdown; and
- c. Have documented consent as explained in subsection (2) below; and
- d. Be performed with the Minor Athlete fully or partially clothed, ensuring that the breasts, buttocks, groin, or genitals are always covered; and
- e. Allow parents/guardians in the room as an observer, except for competition or training venues that limit credentialing.
- f. The provider must narrate the steps in the massage, rubdown, or athletic training modality before taking them, seeking assent of the Minor Athlete throughout the process.

#### 2. Consent

- a. Providers of athletic training modalities, massages, and rubdowns or USAV, RVAs or Clubs, when applicable, must obtain consent at least annually from Minor Athletes' parents/guardians before providing any athletic training modalities, massages, or rubdowns.
- b. When possible, techniques should be used to reduce physical touch of the Minor Athlete.
- c. Only licensed providers can administer a massage, rubdown or athletic training modality.
- d. Coaches, regardless of whether they are licensed massage therapists, cannot massage Minor Athletes
- e. Minor Athletes or their parents/guardians can withdraw consent at any time.

### **B. Recommended components**

#### 1. Parent Training

Parents/guardians receive the U.S. Center for SafeSport education and training on child

abuse prevention before providing consent for their Minor Athlete to receive an athletic training modality, massage, or rubdown.

## **LOCKER ROOMS AND CHANGING AREAS**

*USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Locker Rooms and Changing Areas policy*

### **A. Mandatory Components**

#### **1. Observable and Interruptible**

Adult Participants must ensure that all one-on-one In-Program Contact with Minor Athlete(s) in a locker room, changing area, or similar space where Minor Athlete(s) are present is observable and interruptible, except if:

- a. A Dual Relationship exists; or
- b. The Close-in-Age Exception applies; or
- c. A Minor Athlete needs a Personal Care Assistant and:
  - i. the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or the Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
  - ii. the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
  - iii. the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.

#### **2. Conduct in Locker Rooms, Changing Areas, and Similar Spaces**

- a. No Adult Participant or Minor Athlete can use the photographic or recording capabilities of any device in locker rooms, changing areas, or any other area designated as a place for changing clothes or undressing.
- b. Adult Participants must not change clothes or behave in a manner that intentionally or recklessly exposes their breasts, buttocks, groins, or genitals to a Minor Athlete.
- c. Adult Participants must not shower with Minor Athletes unless:
  - i. The Adult Participant meets the Close-in-Age Exception; or
  - ii. The shower is part of a pre- or post-activity rinse while wearing swimwear.
- d. Parents/guardians may request in writing that their Minor Athlete(s) not change or shower with Adult Participant(s) during In-Program Contact. USA Volleyball and the Adult Participant(s) must abide by this request.

#### **3. Media and Championship Celebrations in Locker Rooms**

USA Volleyball may permit recording or photography in locker rooms for the purpose of highlighting a sport or athletic accomplishment if:

- i. Parent/legal guardian consent has been obtained; and
- ii. USA Volleyball, the Region or Club approves the specific instance of recording or photography; and
- iii. Two or more Adult Participants are present; and
- iv. Everyone is fully clothed.

4. Personal Care Assistants

Adult Participant Personal Care Assistants are permitted to be with and assist Minor Athlete(s) in locker rooms, changing areas, and similar spaces where other Minor Athletes are present, if they meet the requirements in subsection (1)(a)(iii) above.

5. Availability and Monitoring of Locker Rooms, Changing Areas, and Similar Spaces

- a. USA Volleyball, the Region or Club must provide a private or semi-private place for Minor Athletes that need to change clothes or undress at sanctioned events or facilities partially or fully under USA Volleyball's jurisdiction.
- b. USA Volleyball the Region or Club must monitor the use of locker rooms, changing areas, and similar spaces to ensure compliance with these policies at sanctioned events or facilities partially or fully under USA Volleyball's jurisdiction.

## **ELECTRONIC COMMUNICATIONS<sup>4</sup>**

*USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Electronic Communications policy*

### **A. Mandatory Components**

#### **1. Open and Transparent**

- a. All one-on-one electronic communications between an Adult Participant and a Minor Athlete must be Open and Transparent except:
  - i. When a Dual Relationship exists; or
  - ii. When the Close-in-Age Exception applies; or
  - iii. If a Minor Athlete needs a Personal Care Assistant and:
    - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
    - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
    - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.
- b. Open and Transparent means that the Adult Participant copies or includes the Minor Athlete's parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant.
  - If a Minor Athlete communicates with the Adult Participant first, the Adult Participant must follow this policy if the Adult Participant responds.
- c. Only platforms that allow for Open and Transparent communication may be used to communicate with Minor Athletes.

#### **2. Team Communication**

When an Adult Participant communicates electronically to the entire team or any number of Minor Athletes on the team, the Adult Participant must copy or include another Adult Participant or the Minor Athletes' parents/guardians.

#### **3. Content**

All electronic communication originating from an Adult Participant(s) to a Minor Athlete(s) must be professional in nature unless an exception in (1)(a) exists.

---

<sup>4</sup> Electronic communications include, but are not limited to: phone calls, videoconferencing, video coaching, texting, and social media.

4. Requests to discontinue

Parents/guardians may request in writing that USA Volleyball or an Adult Participant subject to this policy not contact their Minor Athlete through any form of electronic communication. USA Volleyball and the Adult Participant must abide by any request to discontinue, absent emergency circumstances.

5. Hours

Electronic communications must be sent only between the hours of 8:00 a.m. and 8:00 p.m. local time for the location of the Minor Athlete.

6. Social Media Connections

Adult Participants, except those with a Dual Relationship or who meet the Close-in-Age Exception, are not permitted to maintain private social media connections with Minor Athletes and must discontinue existing social media connections with Minor Athletes.



## **TRANSPORTATION**

*USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Transportation policy*

---

### **A. Mandatory Components**

#### **1. Transportation**

- a. An Adult Participant cannot transport a Minor Athlete one-on-one during In-Program travel, except if:
  - i. A Dual Relationship exists; or
  - ii. The Close-in-Age Exception applies; or
  - iii. A Minor Athlete needs a Personal Care Assistant and:
    - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
    - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
    - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy; or
  - iv. The Adult Participant has advance, written consent to transport the Minor Athlete one-on-one obtained at least annually from the Minor Athlete's parent/guardian.
- b. Minor Athlete(s) or their parent/guardian can withdraw consent at any time.
- c. An Adult Participant meets the In-Program transportation requirements if the Adult Participant is accompanied by another Adult Participant or at least two minors.
- d. Written consent from a Minor Athlete's parent/guardian is required for all transportation sanctioned by USA Volleyball, the Region, or Club at least annually.

#### **2. Shared or Carpool Travel Arrangement**

USA Volleyball mandates parents/guardians to pick up their Minor Athlete first and drop off their Minor Athlete last in any shared or carpool travel arrangement.

## **LODGING**

*USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Lodging policy*

### **A. Mandatory Components**

#### **1. Hotel Rooms and Other Sleeping Arrangements**

- a All In-Program Contact at a hotel or lodging site between an Adult Participant and a Minor Athlete must be observable and interruptible, and an Adult Participant cannot share a hotel room or otherwise sleep in the same room with a Minor Athlete(s), except if:
  - i. A Dual Relationship Exists, and the Minor Athlete's parent/guardian has provided USA Volleyball, the Region or Club with advance, written consent for the lodging arrangement;
  - ii. The Close-in-Age Exception applies, and the Minor Athlete's parent/guardian has provided USA Volleyball, the Region or Club with advance, written consent for the lodging arrangement; or
  - iii. The Minor Athlete needs a Personal Care Assistant, and:
    - (1) The Minor Athlete's parent/guardian has provided advance, written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete and for the lodging arrangement;
    - (2) The Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
    - (3) The Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.
- b Written consent from a Minor Athlete's parent/guardian must be obtained for all In-Program lodging at least annually.

#### **2. Monitoring or Room Checks During In-Program Travel**

If USA Volleyball, the Region or Club performs room checks during In-Program lodging, the one-on-one interaction policy must be followed and at least two adults must be present for the room checks.

#### **3. Additional Requirements for Lodging Authorized or Funded by USA Volleyball, RVAs or Clubs.**

- a Adult Participants traveling with USA Volleyball, the Region or Club must agree to and sign USA Volleyball, the Region or Club's lodging policy at least annually.
- b Adult Participants that travel overnight with Minor Athlete(s) are assumed to have Authority over Minor Athlete(s) and thus must comply with the Center's Education & Training Policy.

## **PART IV**

### **RECOMMENDED POLICIES FOR KEEPING YOUNG ATHLETES SAFE**

#### **A. Out-of-Program Contact**

Adult Participants, who do not meet the Close-in-Age Exception nor have a Dual Relationship with a Minor Athlete, should not have out-of-program contact with Minor Athlete(s) without legal/parent guardian consent, even if the out-of-program contact is not one-on-one.

#### **B. Gifting**

1. Adult Participants, who do not meet the Close-in-Age Exception nor have a Dual Relationship with a Minor Athlete, should not give personal gifts to Minor Athlete(s).
2. Gifts that are equally distributed to all athletes and serve a motivational or education purpose are permitted.

#### **C. Photography/Video**

1. Photographs or videos of athletes may only be taken in public view and must observe generally accepted standards of decency.
2. Adult Participants should not publicly share or post photos or videos of Minor Athlete(s) if the Adult Participant has not obtained the Parent/Guardian and Minor Athlete's consent.

## TERMINOLOGY

**Adult Participant:** Any adult (18 years of age or older) who is:

- a. A member or license holder of USA Volleyball, RVAs or Clubs ;
- b. An employee or board member of USA Volleyball, RVAs or Clubs ;
- c. Within the governance or disciplinary jurisdiction of USA Volleyball, RVAs or Clubs ;
- d. Authorized, approved, or appointed by USA Volleyball, RVAs, or Clubs to have regular contact with or authority over Minor Athletes.<sup>5</sup>

**Amateur Athlete:** An athlete who meets the eligibility standards established by the National Governing Body or paralympic sports organization for the sport in which the athlete competes.

**Authority:** When one person's position over another person is such that, based on the totality of the circumstances, they have the power or right to direct, control, give orders to, or make decisions for that person. Also see the [Power Imbalance definition in the SafeSport Code](#). *NOTE: NGBs, PSOs, and the USOPC must submit/include categories of members/individuals that fall under the definition including specific volunteer designations.*

**Close-in-Age Exception:** An exception applicable to certain policies when an Adult Participant does not have authority over a Minor Athlete *and* is not more than four years older than the Minor Athlete (e.g., a 19-year-old and a 16-year-old). Note: this exception *only* applies within the prevention policies and *not* regarding conduct defined in the SafeSport Code.

**Dual Relationships:** An exception applicable to certain policies when an Adult Participant has a dual role or relationship with a Minor Athlete and the Minor Athlete's parent/guardian has provided written consent at least annually authorizing the exception.

**In-Program Contact:** Any contact (including communications, interactions, or activities) between an Adult Participant and any Minor Athlete(s) related to participation in sport.

Examples of In-Program Contact include, but are not limited to: competition, practices, camps/clinics, training/instructional sessions, pre/post game meals or outings, team travel, review of game film, team- or sport-related relationship building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community service, sport education, or competition site visits.

---

<sup>5</sup>This may include volunteers, medical staff, trainers, chaperones, monitors, contract personnel, bus/van drivers, officials, adult athletes, staff, board members, and any other individual who meets the Adult Participant definition

**Local Affiliated Organization (LAO):** A regional, state, or local club or organization that is directly affiliated with an NGB or that is affiliated with an NGB by its direct affiliation with a regional or state affiliate of said NGB. LAO does not include a regional, state, or local club or organization that is only a member of a National Member Organization of an NGB. LAOs of USA Volleyball include all 41 Regional Volleyball Association regions and all volleyball clubs that are a member of those regions.

**Minor Athlete:** An Amateur Athlete under 18 years of age who participates in, or participated within the previous 12 months in, an event, program, activity, or competition that is part of, or partially or fully under the jurisdiction of, an NGB, PSO, USOPC, or LAO.

**Partial or Full Jurisdiction:** Includes any sanctioned event (including all travel and lodging in connection with the event) by the NGB, PSO, USOPC, or LAO, or any facility that the NGB, PSO, USOPC, or LAO owns, leases, or rents for practice, training or competition.

**National Governing Body (NGB):** A U.S. Olympic National Governing Body, Pan American Sport Organization, or Paralympic Sport Organization recognized by the U.S. Olympic & Paralympic Committee pursuant to the Ted Stevens Olympic and Amateur Sports Act, 36 U.S.C. §§ 220501, et seq. This definition shall also apply to the USOPC, or other sports entity approved by the USOPC, when they have assumed responsibility for the management or governance of a sport included on the program of the Olympic, Paralympic, or Pan-American Games.

**Adult Participant Personal Care Assistant:** An Adult Participant who assists an athlete requiring help with activities of daily living (ADL) and preparation for athletic participation. This support can be provided by a Guide for Blind or visually impaired athletes or can include assistance with transfer, dressing, showering, medication administration, and toileting. Personal Care Assistants are different for every athlete and should be individualized to fit their specific needs. When assisting a Minor Athlete, Adult Participant PCAs must be authorized by the athlete's parent/guardian.

**Paralympic Sport Organization (PSO):** an amateur sports organization recognized and certified as an NGB by the USOPC.

**Regular Contact:** Ongoing interactions during a 12-month period wherein an Adult Participant is in a role of direct and active engagement with any Minor Athlete(s). *NOTE: NGBs, PSOs, and the USOPC must submit/include categories of members/individuals that fall under the definition including specific volunteer designations.*

**U.S. Olympic & Paralympic Committee (USOPC):** A federally chartered nonprofit corporation that serves as the National Olympic Committee and National Paralympic Committee for the United States.

## APPENDIX I

CHART OF POSSIBLE ADULT PARTICIPANTS IN USAV:

<b>Adult Participant</b>	<b>Regular Contact</b>	<b>Authority Over</b>
USAV Staff/Interns	X	X
USAV Board Members		X
Region/Club Staff	X	X
Region/Club Board Members		X
Coaches	X	X
Officials	X	X
USAV Members 18 years or over on teams with Minors	X	
Chaperones	X	X
Club Administrators	X	X
Arbitrators	X	X
Medical Professionals	X	X
Athletic Trainers	X	X
Independent Contractors	X	

**USAV Members 18 and over who are only participating in Opens (i.e., not also a club coach, chaperone, or board member) with no minor players are not required to take training.**

## Meetings

Meetings shall be conducted consistent with the JJVA policy for one-on-one interactions. Individual meetings between coach and athlete may not occur in hotel sleeping rooms. They must be held in a public setting or with additional adults present, with one of those adults being the same gender as the athlete.

## **MEMBER CODE OF CONDUCT**

Membership in the Jacksonville Junior Volleyball Association carries specific responsibilities to the organization, particularly in conduct. All members are responsible for being familiar with the Code of Conduct.

Athletes, coaches, and parents should know about USA Volleyball, AAU, State High School, and Florida Region rules and regulations. All club athletes are required to attend a USA Rules Clinic.

**Recruiting any athletes known to be members of another club by parents, staff, or coaches is strictly prohibited and can affect the athlete's eligibility and the coach's position with the club.**

During or between matches, no athlete, parent, or coach shall make any disparaging remarks about or gestures towards any athlete, team, coach, or official. Positive remarks and expressions are the only acceptable ones. Profane or abusive language or behavior by any member of JJVA or any parent or spectator will result in removal from the playing facility and possibly the club. Abusive or aggressive behavior toward a coach, athlete, or team will result in the removal of membership in the club. Good sportsmanship is always expected. Coaches, athletes, and parents will exhibit the behavior of gracious winners and losers. Non- participants are not allowed in the bench area once a team has taken possession of the bench area. Non-registered and unauthorized individuals are prohibited on team benches or the court.

At all times, members and coaches are expected to act appropriately and dress tastefully, considering that they represent JJVA and the Jacksonville community.

Athletes and parents are responsible for leaving all facilities neat and clean. Athletes and coaches should not leave personal property or team belongings unattended when participating in practice or tournaments.

An athlete should never be sent out of a facility alone or left anywhere unattended, including hotels and locations where traveling, practicing, or competing.

With the popularity of social networking, any members with personal websites (Facebook, My Space, etc.) found to have inappropriate photos and/or with JJVA logo items in view will be asked to remove such items or face suspension from the club.

**No coolers, food, or drinks will be allowed in any gym we participate in unless authorized by the home club or facility.**



## **INJURY POLICY**

All injuries must be reported immediately to the attending coach, the attending director, and the division director. An incident report must be filled out immediately and given to the office manager for appropriate reporting. The injured athlete will not be permitted to participate or re-enter practice unless written clearance is obtained from the athlete's physician. Injuries during a tournament should be immediately reported to the coach and referred to the attending trainer. Permission to participate in the rest of the competition must be obtained from the trainer.

## **SECTION II: JJVA INFORMATION AND POLICIES**

### **COMMUNICATIONS**

JJVA uses the following means of communication to share information: team apps, email blasts, websites, Facebook, and flyers periodically handed out to athletes. We also try to maintain all literature (handouts) in the front lobby of the JJVA Training Center. Most of our coaches are part-time, so in most cases, the Division Directors will email their respective divisional parents and athletes. Periodically new forms of communication are implemented to improve the communication between staff and members. Once new communication technology is approved, all athletes and parents will be notified.

### **ELIGIBILITY, REGISTRATION, AND INSURANCE**

All school-aged athletes are eligible to participate on teams and in JJVA programs. All athletes designated by the director or members of specific competitive teams must be registered as a member of USAV and AAU. This registration is necessary for any athlete to participate in USAV or AAU-sanctioned tournaments and for the individual to receive secondary limited insurance coverage. This registration should be completed on the region website at <http://www.floridavolleyball.org> and <https://aausports.org>. Secondary medical insurance from USAV and AAU covers practices, sanctioned events, and competitions. The coverage is excess (secondary) and provides benefits after full payment on family insurance is used or if there is no other health insurance coverage in force. The benefits are limited to a \$5,000.00 maximum. THE USAV medical release form is required by Florida law to be notarized before any hospital can accept it to treat minors not accompanied by parents.

JJVA, Inc. structures its programs to fully comply with all USAV, Florida Region, AAU, FHSAA, NJCAA, and NCAA rules and policies. However, we strongly urge all members and parents to educate themselves on the region's institutional rules to avoid infractions.

### **ATHLETE CONDUCT**

JJVA has a Zero Tolerance Policy for using foul language, rude gestures, or aggressive behavior toward other athletes, parents, coaches, officials, or opponents.

JJVA has a Zero Tolerance Policy for taking video without consent or sharing a video that includes nudity, lewd and lascivious behaviors, etc.

JJVA has a Zero Tolerance Policy for using illegal drugs, alcohol, vaping, or tobacco. Smoking, vaping, and using drugs, alcohol, or tobacco products are prohibited. Any athlete caught with drugs, tobacco products, or alcohol during any club event will be dismissed from the club.

Excellence in academic performance is required. A No Pass/No Play policy is honored by JJVA.

All athletes must participate in physical conditioning activities and drills unless excused by a doctor or the coach.

## **ATHLETE EXPECTATIONS**

Athletes must work as part of the tournament officiating team and be responsible for officiating, scorekeeping, and calling lines. Each athlete is required to attend the JJVA Scorekeeping and Officiating Clinic that JJVA provides. No athlete can leave a tournament site until all team responsibilities are completed. To do so is grounds for dismissal from the team. The coach can give special permission if requested before the tournament begins.

JJVA will allow athletes to develop their individual and team volleyball skills. To reach their potential, athletes must put forth maximum effort to perform to the best of their ability. In every drill, they are to attempt to play the ball using the correct technique and hustle, jog, and/or run between stations at practice (i.e., shagging balls, returning to lines in drills, to and from water breaks, etc.).

Each athlete must follow the USAV Code of Conduct and JJVA policies.

## **ATTENDANCE**

Attendance is required for all athletes to all scheduled practices, skill sessions, performance training, and tournaments. Volleyball is a team sport and requires equal commitment among all team members. Lack of attendance not only affects the individual Athlete for the entire team. If an athlete anticipates missing any practice or tournament due to a known conflict, notice must be written on the JJVA Conflict Form and turned in to the coach and club admin by September 1st of the season year.

## **ARRIVING ON TIME**

Athletes should arrive for practice 15 minutes before the scheduled practice time. Athletes are expected to arrive at tournaments 60 minutes before the first match unless otherwise instructed by the Head Coach and at a location designated by the Head Coach. Head Coaches have the authority to require athletes to arrive earlier should they wish to have a meeting or have athletes scout an opposing team.

## **COOPERATION**

Athletes are expected to always be supportive of their teammates. Poor practice or bench conduct could result in reduced playing time. Each athlete is expected to treat all other athletes, teammates, coaches, officials, and fans with courtesy and respect.

If athletes are involved in a dispute, they will be encouraged to work it out together with the guidance of a coach or director. If they cannot resolve their problem in a timely manner, the coach will meet with the parents and director to resolve the issue. Problems between athletes should never be left unresolved.

## **CURFEW**

During any overnight travel, curfew will be 10:00 PM on all nights prior to a match unless amended by your coach (for example, afternoon pools).

## **GRIEVANCES**

During tournament play and/or practice time, an athlete, parent, family members/guardians about playing time, or technical coaching issues can only be addressed 24 hours after the conclusion of the tournament and/or practice. JJVA requests that the athlete, parent, family members/ guardians refrain from addressing the coach(s) in an aggressive manner or about team strategy or line-ups, approaching the bench, or discussing these issues during the tournament or practice. Coaches are instructed and trained not to discuss technical or playing time issues with athletes, parents, family members/guardians at tournaments or practice.

If an athlete, parent, family member/guardian has a grievance with a coach or the club, the following steps shall be followed:

1. The day following the tournament or practice – 24 hours must have passed; call the coach to set a time to meet with the coach.
2. The athlete should discuss the problem or concern with the coach before or after practice and try to find a solution.
3. If the athlete is not satisfied, the athlete and their parent should request an appointment for a meeting with the coach.
4. If the athlete and parent are still unsatisfied, they shall request a meeting with the coach and the Division Director or Coordinator to resolve the problem.
5. If the issue is not resolved after steps 1-3, the athlete and parent shall request a meeting with the Division Director.
6. If, after step 4, a resolution is not reached, the parent can request a meeting between any or all the following: the parents, the coach, the Division Director, and the Director of JJVA.

JJVA is committed to the concept that “positive communication” is the key to successful relationships. Coach, athlete, and director communication is the key to building a valuable and successful experience for all members of JJVA. We encourage positive and open communication in the appropriate environment and time.

## **PARENT PARTICIPATION**

For JJVA to remain a successful program, it takes a TEAM; a team of dedicated coaches, a team of hardworking athletes, a team of supportive staff working behind the scenes, and finally, but most importantly, a team of committed parents. Participation by parents is crucial to the success of the JJVA program. The club attempts to keep costs and fees to a minimum by using volunteer help and fundraising activities whenever possible and

practical to contribute and assist in JJVA's goal to provide world-class volleyball instruction to all children regardless of their financial situation.

## **Fund Raising**

JJVA has set a per-team fundraising goal for the 2023-2024 season of \$100 per athlete per team. These funds will directly support the JJVA financial assistance program and offer an excellent opportunity for team building and growing our culture of philanthropy. Each team is responsible for raising the amount set for their team. We will provide different fundraisers throughout the season for your player to contribute towards their team's goal. If you would not like to participate in the fundraising opportunities, you can opt to "buy out" by paying \$100. Fundraising credits and payments will be combined to equal the required total amount per team. Each athlete will adhere to the following:

1. Each athlete will be responsible for raising a minimum of \$100. These funds are dedicated to financial aid scholarships.
2. Each team will have a required goal of \$100 per athlete. Once the team's goal is reached, the excess funds will be distributed equally amongst each athlete. These funds will be put into the athlete's account as an account credit to be used for any Volleyball Indoor programs or tuition.
3. Each athlete may opt out of fundraising and pay an opt-out fee of \$100. If the opt-out fee is paid, the athlete is not required to participate in fundraising events. It is the Athletes' choice if they would like to participate or not.
4. If the athlete does not raise \$100 or pay the opt-out fee, \$125 will be charged to the athlete's account.

## **Volunteer Hours**

As a non-profit organization, volunteers are the lifeblood of our association. When accepting a position on a JJVA competitive team, each family must perform (4) hours of volunteer time. Volunteer opportunities are as follows:

1. Teams will be assigned volunteer duties based on team schedules and availability.
2. If a team cannot fulfill openings, it is the team's responsibility to find a replacement.
3. Teams will incur a \$50 fine per position not filled. The person *NOT* fulfilling team duties will be responsible for payment.
4. Team parents will help coordinate replacements and ensure fulfillment of volunteer obligations.
5. Volunteer assignments from JJVA will occur before January 1st of the season year.
6. Volunteer positions can only be filled by someone 15 and older unless the position is an officiating role or prior consent is obtained by the volunteer coordinator ([fanservices@jjva.com](mailto:fanservices@jjva.com)) or the club admin ([clubadmin@jjva.com](mailto:clubadmin@jjva.com)).

## **Tournaments**

1. All Tournaments are Mandatory.
2. Excusable Absences from a Tournament are:
  - a) Death in Family
  - b) Graduation
  - c) Religious Holiday – Must identify holidays by September 1st of the season year.

- d) Any other Pre-Identified Conflicts – Must be identified, documented, and submitted to Coach and Club Admin by September 1st of the season.
- 3. Unexcused Absence from a Tournament Accountability:
  - a) 1st unexcused absence - \$300 fine
  - b) 2nd unexcused absence – Expulsion from team
- 4. If a family cannot travel due to financial hardship, the Athlete can travel with the team and stay in a team room booked by JJVA or another teammate's room.
  - a) The family will be responsible for their player's portion of hotel and food costs.
- 5. Officiating - All Players must be present during team officiating duties. No matter if a specific duty has been assigned to the Athlete or not.
- 6. Leaving Tournament
  - a) Athletes cannot leave the tournament until the Coach has dismissed the team.
  - b) Athletes cannot leave before 6:00 pm on the last day of play. All transportation should not be scheduled before 6:00pm this includes but not limited to: Airfare, Uber, Shuttles, Trains, Car
  - c) If parents or guardians must leave before 6:00 pm, the parent/guardian must arrange for their player to stay until 6:00 pm.
  - d) An athlete leaving the tournament without a Coach dismissal will result in one of the following based on circumstances:
    - i. Physical Fitness training before Practice or duration determine by Coach
    - ii. Fine of \$300
    - iii. Suspension or Expulsion from the team

## **Team Parents**

ALL Teams must have a Team Parent. Volunteer parents from each team are asked to take on a few simple tasks for their athlete's team, to maintain effective communication and assist with team/club needs. This person should be an effective communicator, good with email and texting, and able to attend all tournaments and team functions. This person is essential to the communication between parents, coaches, and club staff. This person will also be on an email notification list to help disseminate information to the other team member's parents/guardians throughout the season. Team parents assist with such items as meal planning, special activities, team communications, coach communications, and ensuring each match is videotaped by identifying a Video person for the team. JJVA could not have reached prominence as a nationally recognized club or offered the programs and coaching expertise for area players without the support and assistance of the JJVA Team Parents.

## **College Volleyball Aspirations**

It is expected that several players on our national and top regional teams hope to continue their volleyball careers in college. The club experience is becoming a MUST to compete at the intercollegiate level, especially for those wishing to obtain athletic scholarships. Also, with the NCAA recruiting calendar, it has become increasingly important for high school sophomores and juniors to be active and organized in their recruiting process. Our program will assist any players wanting to market themselves to college coaches. The recruiting service and programs include several levels to ensure all athletes with college volleyball aspirations are prepared as early as possible and at the right time. These services are:

## **LEVEL ONE**

College prep seminar: three 30-minute general meetings - grade-specific, offered December, February, and May; topics to include:

- Academics
- Athletics
- Finding the right school

## **LEVEL TWO (only active during club competition season: Dec-Jan-Feb-Mar-Apr-May-June)**

Includes all support from Level ONE plus:

- Sports Recruits PRO Account
- Build a Student-Athlete Profile
- Create a Video Library - access to Highlight Reel Editor
- School Research Tools
- Message college coaches across the country
- Visibility to see which colleges view your profile, video, and/or transcripts in real-time
- General grade-specific recruiting information

## **LEVEL THREE (active year-round (from signing the contract with the club for the season, continues through AAU / Nationals)**

Includes all support from Level ONE and Level TWO plus:

- TWO 30-minute one-on-one meetings between athlete & their families with a recruiting coordinator
- Personalized school recommendations
- Ongoing strategic guidance and communication
- Email drafting assistance
- Financial Aid & Scholarship breakdown
- Athletic Assessment (jump testing with strength coach)
- Division-level recommendation

JJVA does not promise any scholarship offers to colleges at any level.

## **UNIFORMS AND EQUIPMENT**

JJVA's Brand is vital to the reputation and success of the program. JJVA is focused on being in uniform, ready to perform at all times. We believe if you are dressed like a team and in uniform, the team will inherently play better as a team. Therefore, both the practice and competition uniforms are mandatory to be a part of a team at JJVA. The cost of the uniform is separate from the tuition fee, and the uniform must be worn whenever representing JJVA at any tournament, practice, skills session, or lesson.

1. All Athletes must be in full uniform when entering the tournament venue and leaving.
2. Only JJVA logo apparel is allowed while in the tournament venue. The exception for non-JJVA clothing is tournament-specific apparel (i.e., Big South Hoodie).
3. All Athletes must be in practice uniform during practice, performance training, film breakdown, skills clinics, or lessons.

4. Only JJVA logo uniform items are allowed on game day: JJVA Logo spandex, JJVA Logo, Leggings (Girls), JJVA Sleeves, Mizuno white socks (Girls), Mizuno white kneepads, JJVA Uniform Jerseys, JJVA Logo Shorts (Boys)
5. Athletes will be responsible for providing their footwear. At the discretion of the Coach, an Athlete may be asked to provide other footwear if the footwear is not appropriate for the JJVA brand or competition.
6. Parents/athletes/coaches are not permitted to use the JJVA logo, copy the JJVA logo, or have team T-shirts or other outerwear made for a team, parent, or coach without prior permission from the Director of Marketing and the Chairman of the Board.

JJVA supplies practice and playing facilities, volleyballs, ball bags, net systems, equipment, first aid kits, etc. Care should be taken when using and supervising this equipment.

## **SECTION III: JJVA COMPETITIVE TEAM SEASON INFORMATION**

### **TEAM PRACTICES**

Athletes are to arrive at practice 15 minutes early to help with court preparations, stretches, and warmups under the supervision of their respective coaches. No Athlete, parent, or family member/guardian shall be on the courts at any time without the supervision of their coach.

1. JJVA reserves the right to change practice times, duration, and days after giving parents/players sufficient notice.
2. Only players current in their dues can participate in practices or tournaments.
3. JJVA reserves the right to suspend and/or terminate a player's membership for non-adherence to USAV or JJVA policies, non-adherence to practice facility rules, or non-adherence to the terms and conditions of the JJVA Parent/Player Agreement.
4. Practices are Closed to anyone except for Coaches, Medical Personnel, JJVA/SE Staff, and invited guests. Parents/family/friends are allowed inside the gym during practice hours and are encouraged to sit in the concession area.
5. Sitting on the bleachers or in front of the court is always prohibited.
6. Team practices are mandatory. Skills sessions are highly recommended and encouraged to achieve maximum return and improvement.
7. Excusable absences from team practices are:
  - a) Death in Family
  - b) Illness with school absence (Dr. Note to return to practice)
  - c) Graduation
  - d) Religious Holiday – Must identify holidays by Sept. 1st of the season year.
  - e) Any other Pre-Identified Conflicts – Must be identified, documented, and submitted to Coach and Club Admin by Sept. 1st of the season year.
8. Athletes missing TWO or more consecutive practices due to illness or injury cannot compete in a tournament held within the same week. The coach and Director may approve participation if unforeseen circumstances occur.
9. Unexcused Absence from Team Practices Accountability:
  - a) 1st unexcused absence - a warning is given to the athlete and notice to the parent

- b) 2nd unexcused absence – Fitness Enhancement, Meeting with Coach, and volunteer hours
  - c) 3rd unexcused absence – Suspension from the team for TWO weeks and a \$200 fine
  - d) 4th unexcused absence – Expulsion from team
10. Cell phones must be turned off and placed in backpacks during practice. If a player uses a cell phone during practice:
- a) 1st Offense - A coach will take the cell phone away and return when practice is over
  - b) 2nd Offense – The athlete cannot bring the cell phone into the practice facility. An email will be sent to the Parent/Guardian to inform them of this restriction.
  - c) 3rd Offense – Suspension or Expulsion from the team based on Coach's and Director's discretion
11. JJVA reserves the right to change practice times, duration, and days after giving parents/players sufficient notice.

## **SKILL SESSIONS**

Skills sessions are highly recommended and encouraged to achieve maximum return and improvement. Based on the team level, several skills sessions may be mandatory for that team and included in the tuition fee. Skills sessions will be scheduled and available to be purchased at an additional cost. Once the session is purchased, you must book into the scheduled session to be able to participate.

## **STRENGTH & CONDITIONING**

To increase the opportunity for JJVA teams to excel in higher-level competition and to reduce the risk of injury, fitness training and/or movement education is highly recommended. Certified trainers are hired and frequently meet with the Director of Volleyball and Coaches to assess the performances of athletes and teams. Program routines are structured to enhance athletic performance, reduce the risk of injury, and create a foundation for a healthy lifestyle off the court. Athlete assessments include vertical jump, joint stability, flexibility, nutrition, speed, and agility. Personal training, group fitness, and nutrition counseling are also offered to members and parents on an individual or group fee basis.

Based on the level of the team, several Agility and Strength sessions may be mandatory for that team and included in the tuition fee. If not, sessions will be scheduled and available for purchase at an additional cost. Once the session is purchased, you must book into the scheduled session to be able to participate.

## **TOURNAMENTS, TEAMS & COACHES**

The objective of tournaments is to allow teams to compete. The coaching staff is responsible for the composition of the team. Athletes will be played at the discretion of the coach. Therefore, playing opportunity will be based on the following:

1. Skill/talent evaluation by the Head Coach and coaching staff
2. Athlete position(s)
3. Team needs



#### 4. Attendance at practices and tournaments

All coaches for JJVA attend Impact Coaching training classes and are background checked through the USAV. JJVA has one of the best coaching staff in the country and is proud to offer training and experience for volleyball coaches at every level.

Parents are encouraged to register with the USAV as a chaperone if they drive to tournaments or act as a chaperone for the team. SafeSport online training is also required. You can register by going online at [www.floridavolleyball.org](http://www.floridavolleyball.org) and becoming a member. All teams attending USAV Nationals must have a registered chaperone.

### **TEAM TRAVEL**

Each athlete/parent is responsible for their travel expenses (hotel, food, and transportation to and from tournaments). The club pays all tournament entry fees and coaches' travel costs. JJVA has engaged a travel company to organize and communicate travel arrangements for the club. For travel requirements at tournaments with a "Stay and Play Policy," please see the next section, as it is essential. Parents should go to <http://www.jjva.com> to locate the travel website link. **Coaches cannot transport athletes to practices or tournaments in their private automobiles or individually at any time. Please do not ask them to do this.**

### **STAY & PLAY POLICY**

Many of the tournaments we attend have implemented a "Stay and Play Policy." This policy requires teams attending the tournament to stay in approved selected hotels. If the teams do not stay at the tournament-selected hotels, the team will be dropped from the tournament by the tournament management and/or be heavily fined. JJVA will work with the tournament host to secure the best possible hotel(s) based on availability, price, and proximity to the playing venue and will communicate this information to our parents.

1. Parents will be assigned a Stay and Play tournament alphabetically by last name.
2. If a parent cannot meet their obligation for the assigned tournament, they are responsible for finding a replacement or another parent to book their spot.
3. Any parent failing to secure their assigned Stay and Play assignment or find a replacement will incur a fine of \$250 or the penalty charged to the team from the tournament director or governing body for that event, whichever is greater.
4. The team parent will help coordinate/find a replacement, but ultimately it is the assigned parent's responsibility.
5. Tournament assignments by JJVA will occur before November 1st of the season year.

### **NON-STAY & PLAY TOURNAMENT POLICY**

For tournaments that do not have a "Stay and Play Policy," for your convenience, the JJVA travel company will try to reserve blocks of rooms for each of our travel tournaments. The parent must contact a hotel and reserve rooms with a credit card by the date listed. While we prefer that our teams stay in the same hotels, athletes are

not required to use the suggested hotels. Parents may book housing of their choosing in a non “Stay & Play” tournament.

## **OUT OF STATE TRAVEL**

Plane tickets for athletes and hotel fees are not included in the JJVA Club Fees. Reservations and actual travel costs will be the responsibility of each athlete and their parent/guardian. Attendance at scheduled out-of-state tournaments is mandatory. Do not sign up to play with a team expected to travel if you cannot make the trip. The JJVA travel company will provide information about the room block, directions, and travel needs, if any.

## **SECTION IV: JJVA FINANCIAL INFORMATION AND POLICIES**

### **PAYMENT POLICY**

All non-travel season services payments, including lessons, skill sessions, camps, and TAP, are due upon registration by check, credit card, or cash. Payment for travel season programs, including all teams, must be made by monthly credit card authorization or full prepayment.

### **TEAM PAYMENT OPTIONS**

Payments for travel/club team fees may only be made by one of the following three methods:

1. Debit Card Account Charge Per Month (as scheduled)
2. Credit Card Account Charge Per Month (as scheduled)
3. Paid in full at the time of registration

A non-refundable Tryout Fee is required at the time of registration.

### **JJVA FEE COMMITMENT**

Important Information: The Total Fee for each division is a financial commitment for the Total Amount. The payment schedule offered is the method JJVA uses to break the Total Fee into monthly payments to assist in the program's affordability.

\*The monthly financial obligation does not constitute a fee for monthly services. Club fees are flat fees broken up into payments only to make it more affordable and convenient for our members.

### **PAYMENT DEFAULT POLICY**

JJVA, Inc. is a Not-for-Profit 501(c)3 corporation. Unpaid dues by members can represent funds not available to meet the club's expenses. Any athlete account delinquent in club fees will have their parent/guardian notified by

the club. The athlete may be suspended from participating in any club/team or JJVA activity, and any club transfer request will be denied. A \$50.00 late fee will be added for any payment over 30 days late, and JJVA reserves the right to inform USAV that an athlete is not in good financial standing with JJVA. Should an athlete remain in default, JJVA reserves the right to place their account in "bad standing," which may also affect their status with other affiliated associations.

## **FINANCIAL ASSISTANCE PROGRAM**

Jacksonville Juniors Volleyball Association (JJVA) is dedicated to serving all youth who wish to play competitive volleyball. JJVA currently provides an athlete financial assistance fund for all JJVA team programs. Each season, JJVA has limited funds available for families needing financial assistance. The JJVA Financial Aid Committee awards all Financial Aid, and those seeking help must complete the financial assistance application and file it with the JJVA office by the designated deadline. All members receiving financial assistance must participate in the JJVA Business Sponsorship and JJVA Athletes Life Skills programs.

## **FINANCIAL AID COMMITTEE**

A JJVA Financial Aid Committee (FAC) shall administer funds to support members who qualify for financial aid. The applications and decisions are held confidential between the applicant and the FAC.

## **FINANCIAL AID CRITERIA**

Financial Aid will be awarded based on qualification criteria set by the FAC. Qualification criteria will be based on gross monthly income, family size, number of dependents, number of children who wish to play for JJVA, and extenuating circumstances such as job loss, illness, or death. All awards are based on this information and the funds available.

Financial Aid will never cover 100% of your registration fees. Due to eligibility rules, athletes must financially contribute to their club fees. JJVA offers a Sponsorship Program to assist all who seek financial assistance.

## **ELIGIBILITY FOR FINANCIAL AID**

To be eligible for financial aid, all applicants and their parents/guardians must complete the JJVA Financial Aid Application and submit all required supporting documentation by the designated deadline, as noted in the FA application.

## **FINANCIAL AID AWARDS**

All financial assistance awards will be applied toward the athlete's JJVA tuition fees. Parents/Athletes receiving financial aid will be notified by email of the amount of the award, which will be applied to their financial balance. The remaining balance of tuition fees will be built into the monthly fees due per JJVA automated deduction.

## **FINANCIAL AID APPLICATION PROCESS**

Application forms will be available online and at the front desk at JJVA. Applications and all supporting documentation (please see financial aid application for a list of documents required) should be submitted in a sealed envelope to the JJVA front desk before August 1st of the season year. The application will be forwarded to the Financial Aid Committee, and all applications must be accompanied by the fees due for registration. If no financial assistance is awarded, the fee schedule set forth for the player's respective team assignment will be upheld.

If an application is received after the deadline date or a player registers later in the season, the application will still be reviewed. However, the application will be subject to the availability of funds.

Once financial assistance is awarded, the athlete will be enrolled in the JJVA Athletes Life Skills program. This program allows the athlete to learn life skills by working a limited number of hours per week at JJVA. The athlete will earn volunteer service hours or pay per hour worked. 80% of the amount earned will go toward the financial assistance program, and the other 20% will be paid to the athlete. The Athlete Life Skills program is for Athletes 14 and older. 13 and under Athletes can earn volunteer service hours toward the financial assistance program.

The athlete will submit their top 3 choices of Life Skills they would like to work on at JJVA. The FAC will work with JJVA staff to determine the appropriate skills assigned to each athlete. The skill assigned may change periodically.

## **ATHLETE RELEASE POLICY – REFUND POLICY**

In the event of a season-ending catastrophic event established by the governing bodies of the sport before the season starts, JJVA will refund all fees paid for tuition, less any expenses that may have been incurred to prepare the team for the season. Season extension or postponement of events does not constitute a season cancellation and WILL NOT result in a refund. If the season is canceled after it has started, JJVA will calculate an appropriate refund amount for services not rendered, less any expenses incurred by the club. This refund will be issued in the form of a credit issued to your JJVA account. This credit may be used on any JJVA indoor volleyball services offered.

Accepting a position on a team obligates each athlete to agree to pay in full the registration and club team fees which are nonrefundable, regardless of whether the athlete decides to leave JJVA prior to the end of the seasonal year. In the event an athlete wishes to be released from the program or stops playing, JJVA reserves the right not to release the athlete until all funds due are paid. An athlete who stops playing during the season is not released from their financial obligation to JJVA. In the event an athlete wishes to be released from the JJVA team program, the parent/guardian submit a letter or email stating the reason for withdrawal to the Volleyball Director of JJVA and the Financial Business Manager as well as to the registrar at registrar@floridavolleyball.org for USAV members. A letter or email must be submitted to the Volleyball Director of JJVA and the Financial Business Manager only for the division. The appropriate staff will then review this information for a decision.

JJVA tuition is Non-refundable unless specified above. JJVA has partnered with US Sports Insurance to offer you tuition coverage if your athlete cannot participate in club activities during the season.

# SECTION V: WAIVERS AND ASSUMPTION OF RISKS

## Sports Edge Athletics and JJVA Waiver/Release / Assumption of Risk Agreement

Everyone must sign a waiver to participate in ANY programs offered by Sports Edge Athletics (“SEA”) and/or Jacksonville Juniors Volleyball Association (“JJVA”)

In consideration of participating, in any way, in the SEA and/or JJVA programs, and/or participating in, or attending related events or activities, at the facilities, the undersigned, hereafter called participant, and parent or legal guardian, the undersigned, hereafter called parent/guardian agree that he/she understands and/or will instruct their participant, that prior to participating he/she shall inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she shall immediately inform his or her coach or SEA staff member of such condition(s) and refuse to participate unless and until such condition(s) is cured or removed.

The participant and parent/guardian, acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and that severe social and economic loss may result not only from his or her own actions, in actions, or negligence but from the actions, in actions or negligence of others, as well as the rules of play, the condition of the premises or from any equipment used. Further, that there may be other risks not known to the adult and/or minor participant including risks that may not be reasonably foreseeable.

The participant and parent/guardian, assume all the foregoing risks and accept personal responsibility for any injury, disability or death, and any damages, whether social or economic. I represent that I, or my child, am qualified, in good health and in proper physical condition to participate in activities at our facilities and hereby authorize any representative of SEA and/or JJVA or medical provider, to seek medical attention on my behalf, or on behalf of my child, to ensure my wellbeing, or the wellbeing of my child, without any legal liability whatsoever, inclusive of any responsibility for any negligent rescue or delayed operations.

The participant and parent/guardian, releases, waives, discharges and covenants not to sue SEA and/or JJVA, its affiliated clubs, administrators, members, directors, agents, coaches, board members, and other employees of the center, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors/lessees of the premises used to conduct the event or activity in which I, or the minor participant for whom I am responsible, participate (all of which are hereinafter referred to as “releases”), from any and all liability to each of the undersigned, his or her heirs and the next of kin, for any and all claims, demands, losses or damages on account of any injury, including death or damage to property, caused or alleged to have been caused, in whole or in part, by the releases or otherwise.

I authorize SEA and/or JJVA to utilize in any promotional materials any image of me/my minor child, while participating in any activity at our facilities.

By signing below, I agree to abide by the rules and regulations, and facility policies as set forth above, as well as the official rules of USA Volleyball (“USAV”), USA Basketball (“USAB”), Amateur Athletic Union (“AAU”), AVP America (“AVP”) and **failure to comply can result in my removal from the facility and suspension and/or cancellation of my membership.**

**I HAVE READ THE ABOVE AGREEMENT AND UNDERSTAND THAT I/WE GIVE UP CERTAIN RIGHTS BY VOLUNTARILY SIGNING IT AND I/WE NEVERTHELESS DO SO.**

In the case of 18-year-olds signing their contracts, we will require the parents to act as co-signer of all registration paperwork.

**Athlete Release Policy – Refund Policy**

SEA and/or JJVA understands sometimes unfortunate season ending injuries, loss of job, job relocation, or a loss of a loved one do occur. Therefore, we have partnered with US Sports Club Insurance to provide optional coverage to ease the burden of these unexpected life situations and assist with financial obligations.

In the event of a season ending catastrophic event established by the governing bodies of the sport before the season starts, SEA and/or JJVA will refund all fees paid for tuition less any expenses that may have been incurred to prepare the team for the season. Season extension or postponement of events does not constitute a season cancellation.

Accepting a position on a travel team obligates each athlete to agree to pay in full the registration and team fees which are nonrefundable, regardless of whether the athlete decides to leave SEA and/or JJVA prior to the end of the seasonal year. In the event an athlete wishes to be released from the program or stops playing for the reasons listed above or any other reasons not mentioned, SEA and/or JJVA reserves the right not to release the athlete until all funds are paid. An athlete who stops playing is not released from their financial obligation to SEA and/or JJVA. In the event an athlete wishes to be released from the travel team, we ask that the athlete or parent/guardian submit a letter or email stating the reason for withdrawal to the Director of the Respective Division and the Respective Director of SEA and/or JJVA. This information will then be reviewed by the appropriate Director, and Chief Financial Officer for a separation decision.

**Photography Release**

- I grant SEA and/or JJVA and all its departments and its promoters the right to take photographs of me in connection with SEA and/or JJVA events. I authorize USAV, AAU, or AVP and its promoters to copyright, use and publish the same in print and/or electronically.
- I agree that SEA and/or JJVA and its promoters may use such photographs of me with or without my name and for any lawful purpose, including publicity, illustration, advertising, and web content.

**Acknowledgements to Promote Participant Safety**

**Health Status**

The SEA and/or JJVA Adult Participant or SEA and/or JJVA Minor Participant (& Parent/Guardian) affirms that he or she:

- Possesses no health problems or physical disabilities that would make participation unwise or risk injury.
- Understands that SEA and/or JJVA advises all participants to seek medical clearance prior to participation.
- Understands that it is the participant’s duty to inform staff and cease participation immediately if there is any unusual discomfort (e.g., faintness, shortness of breath, high anxiety, chest pains) during participation.
- Possesses sufficient skills, experience in the activity, coordination, and fitness to safely participate.

## Medical Care

SEA and/or JJVA Adult Participant or SEA and/or JJVA Minor Participant (& Parent/Guardian) affirms that he or she:

- Authorizes the use of first aid, CPR, or AED (when available) if AVP staff deems it is needed.
- Authorizes SEA and/or JJVA to secure emergency medical care and transport if deemed necessary.
- Agrees to assume all cost of emergency care and transportation.

## Rules and Safety

SEA and/or JJVA Adult Participant or SEA and/or JJVA Minor Participant (& Parent/Guardian) agrees:

- To report all injuries (even minor injuries) so that SEA and/or JJVA may make a record of the injury.
- To wear all recommended safety gear during participation.
- To follow all rules of the activity and facilities of SEA and/or JJVA.
- To inform SEA and/or JJVA of any conduct or condition that creates a hazard for participants or others – and will immediately discontinue further participation in said activity.
- That SEA and/or JJVA has authority to halt my participation if it endangers the participant or others.
- **To keep my non-participating children by my side in the spectator area or lobby and will not allow them to be unattended at any time; I will not allow them to run inside the facility or on the bleachers, nor allow them on the courts or to play with the balls/equipment**
- To not bring gum or candy into the gym area of the facility (lobby only - drinks are allowed if covered)
- To respect the authority of all coaches, directors and staff members of the center and obey all their lawful requests
- To remain in the spectator area and off the court area unless I am participating in a scheduled activity
- To NOT coach my child from the bleachers/or sidelines, nor interact while the coach is with her/him
- To NOT participate in any game, game-like activities (i.e.; shag balls, stand with coach) nor be on the court AT ALL; unless I have a current membership card with the Florida Region and am asked to assist by a member of SEA and/or JJVA full-time staff (not seasonal coaches)
- To remember that all athletes are amateur athletes and will acknowledge effort and good performance and always display good sportsmanship while at the facility
- To generate goodwill by being polite and respectful to those around me
- To model exemplary behavior while at the facility, and immediately notify the Administrators if I witness any illegal activity
- To NOT bring and/or carry any firearms into the facility
- To NOT bring purchase or consume alcohol before or during my time in the facility

## COVID19 Waiver/Release

In consideration of being allowed to participate on behalf of the Sports Edge Athletics program and related events and activities, the undersigned acknowledges, appreciates, and agrees to the following

1. I understand that participation includes possible exposure to illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While specific rules and personal discipline may reduce this risk, the risk of serious illness and death does exist.

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others. I, the parent, and my athlete assume full responsibility for my athlete's participation.
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest coach or JJVA Staff Member immediately.
4. I, for myself and on behalf of my heirs, assignees, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Jacksonville Juniors Volleyball Association and Sports Edge Athletics, their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT. I FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY E-SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

By signing below, you are agreeing to the full terms listed above:

\_\_\_\_\_

Parent/Guardian Name

\_\_\_\_\_

Parent/Guardian Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Co-Signer (if required)

\_\_\_\_\_

Date

\_\_\_\_\_

Emergency Phone Number

\_\_\_\_\_

Participant Name: